

The Blue Sheet

Unitarian Universalist Society of Sacramento Upcoming Activities & Announcements

Sunday September 13

All Ages Service

- 10:15 am - Nursery Care - Room 11
- 10:15am - Sunday Service - UUSS - Sanctuary
- 11:45am - "Spirit Play Drop-in" - Rooms 6, 7/8, 10 and 12
- 3:00pm - Building Re-Dedication Ceremony - Sanctuary

Monday September 14

- 10:00am - Adult Enrichment: Chair Yoga - UUSS-Fahs Room
- 7:00pm - Adult Enrichment: Mat Yoga - UUSS - Room 7/8
- 7:00pm - Theater One: *The Last Days of Judas Iscariot* Rehearsal - Sanctuary

Tuesday September 15

- 10:00am - Ted's Web Discussion Group - UUSS - Library
- 7:00pm - Theater One: *The Last Days of Judas Iscariot* Rehearsal - Sanctuary

Wednesday September 16

- 1:30pm - Women's Support Group - Room 12
- 5:30pm - Silent Meditation - Room 6- All Welcome!
- 7:00pm - UUSS Choir Rehearsal - Sanctuary
- 7:00pm - Threshold Choir Rehearsal - Room 7/8
- 7:00pm - Theater One: *The Last Days of Judas Iscariot* Rehearsal - Fahs Room

Thursday September 17

- 7:00pm - Program Council Meeting - Library
- 7:00pm - Theater One: *The Last Days of Judas Iscariot* Rehearsal - Sanctuary

Friday September 18

No UUSS Events Scheduled, UUSS Office is Open

Saturday September 19

- 8:30am - PCD Board Meeting - Library
- 9:00am - Compassionate Listening - Room 6
- 9:00am - Theater One Set Building - Sanctuary
- 9:30am - Religious Services Committee - Room 7/8
- 5:00pm - Autumnal Equinox - Fahs Room

Sunday September 20

- 10:15 am - Nursery Care - Room 11
- 10:15am - Religious Education- Rooms 6, 7/8 and 12
- 10:30am - Sunday Service - UUSS - Sanctuary
- 11:45am - Coming of Age Monthly Meeting - Fahs Room
- 11:45am - Salad Sunday- Welcome Hall
- 11:45am - JHYG Orientation - Room 6
- 12:15pm - Membership/ Greeters Committee - Room 7/8
- 3:00pm - Fund Raising and Stewardship Team Meeting- Library

Check the white board at UUSS for Daily Lists of Meeting and Event Locations at our home base.

Visit our online calendar to view these and other scheduled activities. <http://uuss.org>

Learn details about all activities in the Pathways brochure and the monthly Unigram newsletter.

Contact the office for more information:
Phone Number (916)483-9283
Email Address- office@uuss.org

- RELIGIOUS EDUCATION -

Good morning UUSS Families and volunteers,

Today is a service for all ages. There is no RE scheduled.

Welcome home! 2015-2016 Religious Education registration forms are available at the RE Welcome Table. Please fill out a form to register your family by Sunday, 9/20. A new form is required each RE year to help support our program, staff, and your family.

TODAY! Spirit Play pass by event: Children in 4th through 5th grade and their parents/guardians should plan to stop by the Spirit Play information session right after service. Come find us in Room 7/8. We will cook hot dogs - beef, chicken, and vegan. Grab lunch and learn more about the year ahead in Spirit Play.

Junior High Youth Group (JHYG) Orientation: JHYG (6th, 7th, & 8th grades) will meet on the 1st and 4th Sundays *only* of each month. JHYG families mark your calendars for an orientation after service on Sunday, 9/20. Please join us in Room 6. Note: this schedule modification does NOT change the Spirit Play or Senior High Youth Group (SHYG) meetings.

Nursery Donations: A family in RE has made a challenge offer of \$500 to be used for a renovation of the Room 11 Nursery. Every gift of any size will be used to double that money. We currently have \$380 towards the challenge offer! Whether you have kids in RE or not, you can make this happen. Donations should be given to Miranda. Thank you!

The Kennedy-Auriemma family invites **UU RE families to a potluck dinner** Saturday Sept 19 at 412 T street 4-8pm. Dinner: 5pm and games 6-8pm. Please bring a dish to share. Kids are welcome to bring a game to play inside or outside. Potluck dishes: A-J-salads or veg side dish, K-P main dish, Q-Z dessert. BYOB. Please RSVP to Ann Marie Kennedy at amkenney100@hotmail.com.

Happy Sunday,
-Miranda Massa, Religious Education Coordinator

- CURRENT & UPCOMING ACTIVITIES -

CUUPs (Covenant of UU Pagans)- Please come join us at UUSS 9/19 from 5-8pm for our change of seasons celebration for the autumn equinox. Indoor labyrinth walk 5-6pm, potluck 6-7pm, ritual & discussion 7-8pm. We will be discussing stories & eldering. Free (donations for the UUSS energy kitty, gratefully accepted). All are welcome! Contact: Laurie Jones Laurievaljo@gmail.com 916-342-3226.

Workshop on Supportive and Reflective Listening- What do you say when you don't know what to say? Rev. Roger and Rev. Martha Hodges will present this 2-part workshop (9-12pm, Sept. 19 and 26.) Learn to become more helpful to friends and loved ones going through tough times. These sessions will lead into our lay pastoral care training but are offered to everyone. Contact Martha at sacloulou@gmail.com to register.

– **USEFUL INFORMATION** –

Members and Friends-We hope that you are getting the weekly email messages from UUSS and Unigram. If not, you can always subscribe through Constant Contact by e-mail or contact a UUSS office staff member for help at office@uuss.org.

Inaugural Art Exhibit in our fantastic, new Sanctuary. This group show includes the following members of the congregation: Anna Andrews, Carol Baxter, David Dawson, Barbara Hugo, Dixie Laws, Patricia Pratt, Patty Taylor, Chuck Todd. Most of the art is for sale. If you are interested in purchasing any of the artwork, contact Patricia Pratt at 482-3018. Thirty percent of proceeds goes to the church.

Bassist Tom Derthick will perform a solo recital, accompanied by John Cozza, on 9/25 at 8:00pm in Capistrano Hall 151, Sacramento State. Music by Hindemith, Eylar, Beethoven and Ramsier. Tickets \$10/\$7 seniors, \$5 students (CSUS students free) at the door. For more, go to www.csus.edu/music. (Same program 9/23 7:30 at UOP in Stockton, 10/1 noon at Mondavi Center, UC Davis.)

Nametags: Have you noticed the new nametag cabinet in the Welcome Hall? You will see it on the wall as you leave the sanctuary. It's always good to keep your nametag in your car or your purse, but you can also store it here. It works for nametags that have a metal pin or clip, because that metal will cling to a magnet in the cabinet.

– **EARTH JUSTICE MINISTRY** –

Our monthly book discussion and Potluck “**This Changes Everything: Capitalism vs. The Climate**” by **Naomi Klein**. In her book, she states that climate change is an alarm that calls us to fix an economic system that is already failing us in many ways. Sept. 25 from 6:00 – 8:30 pm in the Fahs Room. Contact earthjustice@uuss.org for more information.

– **OPPORTUNITIES TO SERVE** –

Friends in Deed- Our UUSS volunteers are able to help congregants with rides, visits, emails or phone calls. For assistance please fill out a request form at the Connections Central table on Sundays or email susanlange.uu@gmail.com or call at home- (916) 686-1206 or on her cell- (650) 291-4603.
-Susan Lange

– **THEATER ONE** –

Theater One is proud to announce its upcoming season. You won't want to miss out on these terrific shows, so mark your calendars now:

"The Last Days of Judas Iscariot", Oct. 9 - 25, 2015
(Note: Strong language. Not for children or the faint of heart.)

"Alice in Wonderland", Nov. 13 - Dec. 5, 2015

"Steel Magnolias", Feb. 12 - March 6, 2016

"The Odd Couple", May 6 - 22, 2016

– **ADULT ENRICHMENT**–

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table.

Yoga Classes by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Are Welcome!

Chair Yoga – Mondays, 10-11am-Fahs Room
Mat Yoga – Mondays, 7-8pm- Room 7/8

Women's Support Group meets Wednesdays, 1:30-3:30pm. Please contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

How She Moves Me: Reclaiming the Values of the Sacred Feminine: Sept. 22, 7:00 to 9:00pm. Rebecca Pottenger, a UUSS Member and licensed therapist in Sacramento, explores how ancient goddess mythology provides a template for the integration of spirit and nature, masculine and feminine. Suggested donation is \$5 to \$20. Sign up by Sept. 20 at the Adult Enrichment Table in or email Rebecca Pottenger at rebecca@soulandearth.

Check at the Sunday Connection Central table for activities and workshops offered for next few months.

Office Hours—Room 9

Tuesday thru Friday

8:30am to 5:00pm

– **CHURCH STAFF** –

Staff Office Hours

Rev. Roger Jones: Monday, Wednesday, Thursday afternoons and by appointment.

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday by appointment.

Miranda Massa: (RE Coordinator): Monday, Friday, Sunday mornings and by email.

Michele Ebler: (Bookkeeper): Monday thru Thursday by appointment.

Stanton Vedell: (Communications and Facilities Coordinator): Sunday, Monday and Wednesday thru Friday, 9:30-6:00pm.

Elaine Cooper: (Receptionist): Monday thru Friday, 8:30-5:00pm.

Keith Atwater (Music Director): choir rehearsal Wednesdays, 7:00-8:30 pm and by appointment.

Childcare Providers: Annie Green and Krystal Gollaher, Sundays.

Custodians: Aaron Molina Sunday thru Thursday and Miguel Neri Friday and Saturday.

Submit articles to bluesheet@uuss.org before 1:00pm on Wednesday, 65 word limit.