

The Blue Sheet

Unitarian Universalist Society of Sacramento

Upcoming Activities & Announcements

Sunday August 23

9:45am- Nursery Care-SAUCC-Nursery
10:15am- Sunday Service-SAUCC - Sanctuary 890 Morse Ave
10:15am- Summer RE ArtWorks - SAUCC- Room A
10:15am- Summer SHYG- SAUCC - Field Trip to Jamba Juice
11:45am- Building Project Steering Committee - UUSS - Room 6

Monday August 24

10:00am- Adult Enrichment: Chair Yoga - UUSS-Fahs Room
6:30pm- Ideas and Experiences of "Faith"- UUSS-Fahs Room
7:00pm- Adult Enrichment: Mat Yoga - UUSS - Room 7/8
7:00pm- Theater One: *The Last Days of Judas Iscariot*-Rehearsal-
UUSS - Room 6

Tuesday August 25

10:00am- Ted's Web Discussion Group - UUSS - Fahs Room
7:00pm- Theater One: *The Last Days of Judas Iscariot*-
Rehearsal - UUSS - Fahs Room
7:00pm- UU Readers Book Discussion - UUSS - Room 6

Wednesday August 26

1:00pm- Staff Meeting (Office Closed) - UUSS - Room 6
1:30pm- Women's Support Group - UUSS - Room 12
5:30pm- Silent Meditation-UUSS - Room 7/8 - All Welcome!
7:00pm- UUSS Choir Rehearsal - UUSS - Fahs Room
7:00pm- Threshold Choir Rehearsal - UUSS - Room 12
7:00pm- Theater One: *The Last Days of Judas Iscariot* - Rehearsal
UUSS - Room 7/8

Thursday August 27

12:00pm-A.P.M. Team Meeting- UUSS - Room 6
7:00pm- Board of Trustees Meeting - Lemongrass Restaurant
7:00pm- Theater One: *The Last Days of Judas Iscariot*-Rehearsal-
UUSS - Fahs Room
7:30pm- Sacramento Choral Coalition - UUSS - Room 7/8

Friday August 28

No UUSS Events Scheduled, UUSS Office is Open

Saturday August 29

10:00am- Sacramento Choral Coalition - UUSS - Room 7/8

Sunday August 30

9:45am- Nursery Care-SAUCC-Nursery
10:15am- Sunday Service-SAUCC- Sanctuary 890 Morse Ave
10:15am- Summer RE ArtWorks-SAUCC- Room A
11:45am- Building Project Delivery Team- UUSS- Room 7/8
12:00pm- RE: Coming of Age Orientation- UUSS- Fahs Room

Check the white board at UUSS for Daily Lists of Meeting and Event Locations at our home base.

Visit our online calendar to view these and other scheduled activities. <http://uuss.org>

Learn details about all activities in the Pathways brochure and the monthly Unigram newsletter.

- RELIGIOUS EDUCATION -

Good morning UUSS Families and volunteers at SAUCC!

Summer ArtWorks continues throughout the month of August. The group will explore the art of Zentangle this morning. SHYG will field trip to Jamba Juice for conversation and community building.

Our first day back at UUSS on Sierra Blvd will be Sunday, Sept. 6. I am looking for a few parents or other members of our congregation to help me organize a "Welcome Home" gathering in the Fahs room during Religious Education. Please message me for details. Thanks!

The Kennedy-Auriemma family invites UU RE families to a potluck dinner Saturday Sept. 19 at 412 T St. 4-8pm. Dinner: 5pm and games 6-8pm. Please bring a dish to share. Kids are welcome to bring a game to play inside or outside. Potluck dishes: A-J- salads or veg side dish, K-P main dish, Q-Z dessert. BYOB. Please RSVP to Ann Marie Kennedy at amkennedy100@hotmail.com.

Happy day!

-Miranda Massa, Religious Education Coordinator

- CURRENT & UPCOMING ACTIVITIES -

Alliance Group- Thursday Sept. 10 at 10:45am in the Fahs Room . The first meeting of the new season is a luncheon. Our speaker, Rev. Roger Jones, will speak on the history of our Alliance Group. Call Vivian Counts at 483-8827 or e-mail her at viviancounts@yahoo.com to make a reservation before September 8th. We will have quiche, green salad and dessert for a \$3 donation.

-BUILDING PROJECT UPDATE-

Building re-dedication ceremony will take place at 3:00 pm September 13 with a reception following. We need people to provide snacks and volunteers to help at the reception. Go to Pilgrim Hall after the services the last three Sundays in Augusts to sign up. Contact Linda Roth at [916-921-2269](tel:916-921-2269) or nrheidi@comcast.net for more info.

USEFUL INFORMATION -

Members and Friends-We hope that you are getting the weekly email messages from UUSS and Unigram. If not, you can always subscribe through Constant Contact by e-mail or contact a UUSS office staff member for help at office@uuss.org.

Name Tags- If you ordered a permanent name tag, it can be found at the Greeters' Welcome Table at 10:00am.

Thursday's Board Meeting Offsite- the UUSS Board of Trustees meets at a new location this Thursday, Aug. 27. Location: around the corner from UUSS at Lemongrass Restaurant, 601 Munroe St., in a private room. The Board's business agenda will start at 7:00 PM. UUSS members are welcome to attend this open meeting. Let Linda Clear know at president@uuss.org if you plan to come so we can look for you. By the Sept. 24 board meeting, we'll be meeting in the renovated church!

– **OPPORTUNITIES TO SERVE** –

Friends in Deed- Our UUSS volunteers are able to help congregants with rides, visits, emails or phone calls. For assistance please fill out a request form at the Connections Central table on Sundays or email susanlange.uu@gmail.com or call at home- (916) 686-1206 or on her cell- (650) 291-4603.

-Susan Lange

Music Department- You do not have to be a musician to volunteer your time and talents to the music program. We need sewing volunteers for the new set of choir stoles. Contact Meg Burnett at megburnett2010@gmail.com or leave a message for her at the office if you and your sewing machine are available this month.

– **ADULT ENRICHMENT**–

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table in Pilgrim Hall.

Yoga Classes by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Are Welcome!

Chair Yoga – Mondays, 10-11am-Fahs Room
Mat Yoga – Mondays, 7-8pm- Room 7/8

Women's Support Group meets Wednesdays, 1:30-3:30pm. Please contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

How She Moves Me: Reclaiming the Values of the Sacred Feminine: Sept. 22, 7:00pm to 9:00 pm. Presentation and discussion with Rebecca Pottenger, a UUSS Member and licensed therapist in Sacramento, explores how ancient goddess mythology provides a template for the integration of spirit and nature, masculine and feminine, and a more responsible, humane and inclusive way of relating to ourselves and the world around us. Suggested donation is \$5 to \$20. Sign up by Sept. 20 at the Adult Enrichment Table in Pilgrim Hall or email Rebecca Pottenger at rebecca@soulandearth.com.

Check at the Sunday Connection Central table for activities and workshops offered for next few months.

**UUSS Office Hours—Room 9
at 2425 Sierra Blvd.
Monday thru Friday
8:30am to 5:00pm**

– **CHURCH STAFF** –

Staff Office Hours at 2425 Sierra Blvd.

Rev. Roger Jones: Monday, Wednesday and Thursday afternoons and by appointment.

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday by appointment.

Miranda Massa: (RE Coordinator): Monday, Friday, Sunday morning and by email.

Michele Ebler: (Bookkeeper): Monday thru Thursday by appointment.

Stanton Vedell: (Communications and Facilities Coordinator): Monday thru Friday, 9:30-6:00pm.

Elaine Cooper: (Receptionist): Monday thru Friday, 8:30-5:00pm.

Keith Atwater (Music Director): choir rehearsal Wednesdays, 7:00-8:30 pm and by appointment.

Childcare Providers: Annie Green and Krystal Gollaher.

Custodians: Aaron Molina Sunday thru Thursday and David Molina Friday and Saturday.

Contact the office for more information:
Phone Number (916)483-9283
Email Address- office@uuss.org

**Submit articles to bluesheet@uuss.org
before 1:00pm on Wednesday, 65 word limit.**