The Blue Sheet

Unitarian Universalist Society of Sacramento Upcoming Activities & Announcements

Sunday June 7 Salad Sunday

9:45am-Nursery Care-SAUCC-Nursery

10:00am-Camp Norge Table-SAUCC-Courtyard

10:15am-Sunday Service-SAUCC- Sanctuary 890 Morse Ave

10:15am-Summer RE ArtWorks-SAUCC-Room A

11:30am- RE: COA Informational Meeting-SAUCC-Mayflower Room

11:45am-Earth Justice Ministry Meeting-SAUCC-Pilgrim Hall

11:30am- Salad Sunday-SAUCC-Pilgrim Hall

12:30pm-Spiritual Deepening Facilitators-UUSS-Room 7/8

Monday June 8

10:00am-Adult Enrichment: Chair Yoga-UUSS- Fahs Room 6:00pm- Orientation to Membership-UUSS- Fahs Room 6:30pm-Gen X/Boomers Monthly Meeting-UUSS- Room 6 7:00pm-Adult Enrichment: Mat Yoga- UUSS- Room 7/8

Tuesday June 9

10:00am-Ted's Web (open discussion group) UUSS- Fahs Room 6:00pm-A.E. Conversation About Death-UUSS-Fahs Room

Wednesday June 10

1:30pm-Women's Support Group-UUSS-Room 11

5:30pm-Silent Meditation-UUSS-Room 6-All Welcome!

6:00pm-Finance Committee Meeting-UUSS-Room 12

6:15pm-Religious Humanism-UUSS-Fahs Room- Full!

7:00pm-Threshold Choir rehearsal-UUSS-Room 7/8

Thursday June 11

4:00pm-Committee on Ministry (Closed)-UUSS-Room 12

Friday June 12

1:00pm- Couples Club-UUSS-Fahs Room 3:00pm- Ages Camp at Camp Norge

Saturday June 13

9:15am-Religious Services Writing (Closed)-UUSS-Room 12 All Day-All Ages Camp at Camp Norge

Sunday June 14

9:45am-Nursery Care-SAUCC-Nursery

10:15am-Sunday Service-SAUCC- Sanctuary 890 Morse Ave

10:15am-Summer RE ArtWorks-SAUCC-Room A

12:30pm-Newly Elected Nominating Committee Meeting (Closed)-UUSS-Room 6

Check the white board at UUSS for Daily Lists of Meeting and Event Locations at our home base.

Visit our online calendar to view these and other scheduled activities. http://uuss.org

Learn details about all activities in the <u>Pathways</u> brochure and the monthly <u>Unigram</u> newsletter.

Contact the office for more information: Phone Number (916)483-9283 Email Address- office@uuss.org

- RELIGIOUS EDUCATION -

Good morning UUSS Families and Volunteers at SAUCC!

Summer ArtWorks begins today with Rev. Roger and Derek! Is your family registered? The form is available at the RE Table or on the website within the Religious Education section. I can also email you one if you would like. Please register soon for Summer!

This morning in service, we will take a moment to appreciate and thank all those that served in our 2014-2015 Religious Education program. We are fabulous because of each of you!

Coming of Age informational meeting is scheduled for after service in the Mayflower Room for families with children entering grades 8th, 9th, & 10th.

Happy Sunday!

-Miranda Massa, Religious Education Coordinator

-THIS WEEK-

Salad Sundays- The Board of Trustees will be offering Salad Bar lunches on 3 upcoming Sundays. The next Salad Sunday is today. The last salad Sunday is June 28 for a delicious and healthy lunch served after Services. Looking forward to seeing you all! Minimum \$5 donation to UUSS, but an offer of more will be accepted!

Earth Justice Ministry- monthly meeting **today** in Pilgrim Hall. Join us in the southeast corner and look for the sign with bright ribbons. We'll determine the EJM program for the next few months, such as a book study group, documentary film and speaker.

UUSS all Ages Camp- We Are Registering Campers, RVers and dorm roomers, for our annual outing to <u>Camp Norge</u>, June 12-14. After service, volunteers will answer questions and register you. **Today is the last day!** To volunteer or for info, call Christopher Jensen at 916-541-5750.

Families: Weave a Tapestry of Faith is the color, pull-out section of <u>UU World</u> magazine with stories, activities, and reflections to share at home. The Families pages appear as a 4-page insert in each UUWorld issue, and are archived online as PDF files. http://www.uua.org/re/families/uu-world-family-pages
Summer 2015: The Whole World in Our Hands (Climate Change)
Story: Green Like the Wind, by Julie Simon
Parent Reflection: The Web of Life: Helping Children to Know Our Place

- CURRENT & UPCOMING ACTIVITIES -



Chair Donations Update--as of Tuesday UUSS has now received donations for 210 new chairs for the new building! The goal is 350. There are other furnishings and equipment listed in our "Fill the Building" Wish Book. Stop by our table after the service and see what inspires you. -- the UUSS "Fill the Building" Team

Mask-making and the Search for the Authentic Self: Explore new dimensions of yourself and your creativity at a workshop facilitated by UUSS members Rebecca Pottenger and Dennis Pottenger, licensed therapists in Sacramento, from 10 am to 2 pm Saturday June 27. In this process the amazing creations that result require no special artistic ability. Participants will leave with a completed mask and awareness of an inner presence they can continue to engage with. The cost is \$25 for materials. Please sign up by June 20 at the Adult Enrichment Table in Pilgrim Hall or email by June 25 at dennis@soulandearth.

CUUPS & Sheriff's work day crew will be spreading sand on the outdoor labyrinth on June 20 from 10am-noon. Come to help, observe, supervise, or try it out. Instead of having a summer solstice celebration at UUSS this year, please join UUSSer & psychotherapist Rebecca Pottenger's *Inanna* goddess workshop at Luna Cafe, 1414 16th St. at N St. on June 20 from 5:00pm to 6:30pm. Contact: Laurie Jones 916 342-3226

UU Online Virtual General Assembly 2015- This year the UU General Assembly is in Portland. You may want to consider registering for Internet Virtual GA 2015. It is being offered for the first time online and accessible at UUSS. If you are interested in participating in Virtual GA, you will find information brochure at the Adult Enrichment table this Sunday, or contact the UUSS office @ (916) 483-9283.

- Cathy Hackett unionhackett@comcast.com

20s & 30s Group- All aged 18-39 are welcome to join the 20s & 30s Group. Visit our website or on Facebook. Find these at uuss.org/20s30s.-Derek Czajka

Members and Friends-We hope that you are getting the weekly email messages from UUSS and the Unigram. If not, you can always subscribe through Constant Contact by e-mail or contact a UUSS office staff member for help at office@uuus.org.

UUSS Senior Singles Group- Looking for new members. If you are a single senior, looking to meet other single seniors, we are meeting after the service in Pilgrim Hall on the second and fourth Sunday of each month. Contact Peter Foss at (916) 534-7767.

Attention all Newcomers and Visitors- Welcome! Please complete a newcomer card so we can be in touch with you. We will send you the Unigram Newsletter and an activities interest form. If you would like a permanent printed nametag, please fill out a name tag request form and we'll make one. We look forward to getting to know you.

- THEATER ONE PRESENTS -

The Reconciliation of John Adams and Thomas Jefferson. A Staged Reading in Two Acts July 5, 2015 at 2:00pm in Fahs Room

An Excerpt From The Script....

JEFFERSON

"Monticello, June 27, 1813: Men have differed in opinions and have been divided into parties by these opinions from the first origin of society and in all governments where they have been permitted freely to think and to speak. The same political parties which now agitate the United States have existed through all time....They denote temper and constitution of mind of different individuals. To come to our own country, and to times when you and I first became acquainted, we well remember the violent parties which agitated the old congress and their bitter contests, and there you and I were together...They cherished the monarchy of England, and we the rights of our countrymen." (Cappon, pp 335-338)

- Building Project Volunteers Needed -

The Audio-Visual System is being installed by UUSS. Tim Anderson would appreciate weekend help and will provide training. To volunteer send Tim an email to toanderson96@gmail.com.

The rolling counters and podium chairs for the UUSS entry hall, need to be refinished. To volunteer send John McMillan an email to mcmillanjohn@att.net to volunteer a few hours on a Sunday after services.

- OPPORTUNITIES TO SERVE -

Friends in Deed- Our UUSS volunteers are able to help congregants with rides, visits, emails or phone calls. For assistance please fill out a request form at the Connections Central table on Sundays or email susanlange.uu@gmail.com or call Home (916) 686-1206 Cell (650) 291-4603. —Susan Lange

- ADULT ENRICHMENT-

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table in Pilgrim Hall.

Conversations about Death- Session 1 was well attended on Tuesday. We explore medical realities, choices and legal opportunities to have an influence on our end-of-life experience. Facilitated by Molly Stuart, end-of-life advocate, mediator, trauma chaplain, 30 year ER/ICU volunteer. Tuesdays, June 9 and 16 from 6 to 8pm.

(916) 483-9283 or office@uuss.org. Contact Molly at (916) 346-5333 or www.mollystuart.com.

Yoga Classes by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

Chair Yoga – Mondays, 10-11am-Fahs Room Mat Yoga – Mondays, 7-8pm- Room 7/8

Women's Support Group meets Wednesdays, 1:30-3:30pm. Please contact Lynn Carlson at apriliade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Check at the Sunday Connection Central table for activities and workshops offered for next few months.

UUSS Office Hours—Room 9 at 2425 Sierra Blvd.

Monday thru Friday 8:30am to 5:00pm

- CHURCH STAFF -

Staff Office Hours at 2425 Sierra Blvd.

Rev. Roger Jones: Monday, Wednesday and Thursday afternoons and by appointment.

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday and by appointment.

Miranda Massa: (RE Coordinator): Monday, Friday and Sunday mornings and by email.

Michele Ebler (Bookkeeper): Monday, Wednesday in the morning and Tuesday, Thursday in the afternoon.

Stanton Vedell: (Communications and Facilities Coordinator): Monday-Friday, 9:30-6:00pm.

Elaine Cooper: (Receptionist): Monday-Friday, 8:30-5:00pm.

Ina Jun: (Accompanist):

Childcare Providers: Annie Green and Krystal Gollaher

Custodians: Aaron Molina and Miguel Neri