The Blue Sheet

Unitarian Universalist Society of Sacramento Upcoming Activities & Announcements

Sunday June 21

9:45am-Nursery Care-SAUCC-Nursery

10:15am-Sunday Service-SAUCC- Sanctuary 890 Morse Ave

10:15am-Summer RE ArtWorks-SAUCC-Room A

10:15am-RE Senior High Youth Group (SHYG)SAUCC-Room C

11:30am-Membership/Greeters Monthly Meeting-Mayflower Room

11:45am-Building Project Steering Committee-UUSS-Room 12

12:00pm-General Assembly Attendants Meeting-UUSS-Fahs Room

Monday June 22

10:00am-Adult Enrichment: Chair Yoga-UUSS- Fahs Room 4:00pm- Fill the Building Meeting- UUSS- Room 12 7:00pm-Adult Enrichment: Mat Yoga- UUSS- Room 7/8

Tuesday June 23

10:00am-Ted's Web (open discussion group) UUSS- Fahs Room

Wednesday June 24

1:30pm-Women's Support Group-UUSS-Room 11 5:30pm-Silent Meditation-UUSS-Room 6-All Welcome! 7:00pm-Threshold Choir rehearsal-UUSS-Room 7/8

Thursday June 25

9:00am- UUA General Assembly online- UUSS- Fahs Room

Friday June 26

9:00am- UUA General Assembly online- UUSS- Fahs Room

Saturday June 27

9:00am- UUA General Assembly online- UUSS- Fahs Room 10:00am-Mask-Making/ Authentic Self- UUSS-Room 7/8

Sunday June 28 Salad Sunday

9:45am-Nursery Care-SAUCC-Nursery

10:00am-Recycle Sunday- SAUCC- Courtyard

10:15am-Sunday Service-SAUCC- Sanctuary 890 Morse Ave

10:15am-Summer RE ArtWorks-SAUCC-Room A

11:30am-Salad Sunday- SAUCC- Pilgrim Hall

12:00pm- UUA General Assembly online- UUSS- Fahs Room

Check the white board at UUSS for Daily Lists of Meeting and Event Locations at our home base.

Visit our online calendar to view these and other scheduled activities. http://uuss.org

Learn details about all activities in the <u>Pathways</u> brochure and the monthly <u>Unigram</u> newsletter.

Contact the office for more information: Phone Number (916)483-9283 Email Address- office@uuss.org

- RELIGIOUS EDUCATION -

Good morning UUSS Families at SAUCC!

Summer ArtWorks happens today with yoga teacher Paige. Is your family registered? The form is available at the RE Table or on the website within the Religious Education section. I can also email you one if you would like. Next week Amanda Tenney joins the group! **Summer SHYG Sunday** happens today! Also, the third Sunday of July and August.

ArtWorks Volunteers Needed! The schedule all mapped out with exciting ArtWorks Leaders. What we need now are adults to be the second person in the room for support and assistance. I can put you in touch with the ArtWorks Leader on the day you are available so that you can become familiar with what will be introduced to the group. Come help out for one or more Sundays!

Nursery Wish Tree is sitting at the RE Table. Pick one or more purple bird wish tickets. Purchase the item making the wish come true and bring it back to the RE Table as a donation to recreate the UUSS Nursery. We thank you!

Happy day!

-Miranda Massa, Religious Education Coordinator

-NEW THIS WEEK-

New Music Director—Welcome to Keith Atwater! He brings 12 years of experience as a music director and choral conductor in 3 congregations. See more in the July <u>Unigram</u> newsletter. Keith will be at the Tuesday music and meditation services with Ina Jun and Rev. Roger on June 30 & July 7. Choir rehearsals begin Aug. 12!

Open Reel Film Club is re-organizing! Meet with other film buffs at coffee hour in Pilgrim Hall after Sunday service on June 14. Join the mailing list by contacting Judy Lane at jlane612@earthlink.net.

Name Tags- If you ordered a permanent name tag, it can be found at the Greeters' Welcome Table at 10:00am.

- CURRENT & UPCOMING ACTIVITIES -



Chair Donations Update--as of Tuesday UUSS has now received donations for 248 new chairs for the new building! The goal is 350. There are other furnishings and equipment listed in our "Fill the Building" Wish Book. Stop by our table after the service and see what inspires you. -- the UUSS "Fill the Building" Team

UU Online Virtual General Assembly- This year the 5-day UU General Assembly is held in Portland. If you are not able to attend, consider attending the UUSS Virtual GA 2015 in the Fahs Room, June 25-28. Live Morning Sessions will be streamed via computer in the Fahs Room. In the afternoons, 9 GA Workshops will be available (3 each day). Free-will donations appreciated. Contact Cathy Hackett unionhackett@comcast.net or visit the Adult Enrichment table after the service in Pilgrim Hall to sign up.

Mask-making and the Search for the Authentic Self: Explore new dimensions of yourself and your creativity at a workshop with UUSS members Rebecca Pottenger and Dennis Pottenger, licensed therapists, from 10 am to 2 pm Saturday June 27. In this process the amazing creations that result require no special artistic ability. You will leave with a completed mask and awareness of an inner presence you can continue to engage with. Cost is \$25 for materials. Please sign up today at the Adult Enrichment Table in Pilgrim Hall or email by June 25 at dennis@soulandearth.

Salad Sundays- The Board of Trustees will be offering Salad Bar lunch on **June 28**, which is your last chance for a delicious and healthy lunch, served after service. Looking forward to seeing you all! Donation is \$5 to UUSS, but an offer of more will be accepted!

20s & 30s Group- All aged 18-39 are welcome to join the 20s & 30s Group. Visit our website or on Facebook. Find these at uuss.org/20s30s.-Derek Czajka

Gen-X Boomers- Monthly planning meetings are the second Monday of each month, the next is July 13 at 6:30 at UUSS in Room 6. On the morning of July 11, we'll be helping out with the monthly clean-up of UUSS' adopted portion of the American River Parkway. Check your email or facebook for details. To be added to our email list, email gxboom@gmail.com. Friend us at www.facebook.com/gxb.boomers.

Our Building Dedication: The countdown has begun! A big part of our return to Sierra Blvd will be the dedication of our expanded and renovated UUSS home. The ceremony and reception will take place the afternoon of Sunday, Sept. 13. As befitting the importance of this major accomplishment, we want to have a big blowout! Help will be needed to manage all of the activities associated with it: publicity, invitations, ushering, refreshments, program, etc. If you are willing to help in any fashion, cocntact Linda Roth at 916-921-2269 or nrheidi@comcast.net.

UUSS Senior Singles Group- Looking for new members. If you are a single senior, looking to meet other single seniors, we are meeting after the service in Pilgrim Hall on the second and fourth Sunday of each month. Not meeting this week. Contact Peter Foss at (916) 534-7767.

Attention all Newcomers and Visitors- Welcome! Please complete a newcomer card so we can be in touch with you. We will send you the Unigram Newsletter and an activities interest form. If you would like a permanent printed nametag, please fill out a name tag request form and we'll make one. We look forward to getting to know you.

- BUILDING PROJECT VOLUNTEERS NEEDED -

The Audio-Visual System is being installed by UUSS. Tim Anderson would appreciate weekend help and will provide training. To volunteer, send Tim an email to toanderson96@gmail.com.

The rolling counters and podium chairs for the UUSS entry hall, need to be refinished. To volunteer send John McMillan an email to mcmillanjohn@att.net to volunteer a few hours on a Sunday after services.

- OPPORTUNITIES TO SERVE -

Friends in Deed- Our UUSS volunteers are able to help congregants with rides, visits, emails or phone calls. For assistance please fill out a request form at the Connections Central table on Sundays or email susanlange.uu@gmail.com or call Home (916) 686-1206 Cell (650) 291-4603. —Susan Lange

- THEATER ONE PRESENTS -

In celebration of our national holiday- "The Reconciliation of John Adams and Thomas Jefferson" A Staged Reading in Two Acts July 5, 2015 – 2:00 PM – Fahs Room Suggested donation \$10.

- ADULT ENRICHMENT-

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table in Pilgrim Hall.

Yoga Classes by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

Chair Yoga – Mondays, 10-11am-Fahs Room Mat Yoga – Mondays, 7-8pm- Room 7/8

Women's Support Group meets Wednesdays, 1:30-3:30pm. Please contact Lynn Carlson at apriliade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Check at the Sunday Connection Central table for activities and workshops offered for next few months.

Members and Friends-We hope that you are getting the weekly email messages from UUSS and the Unigram. If not, you can always subscribe through Constant Contact by e-mail or contact a UUSS office staff member for help at office@uuus.org.

UUSS Office Hours-Room 9 at 2425 Sierra Blvd.

Monday thru Friday 8:30am to 5:00pm

- CHURCH STAFF -

Staff Office Hours at 2425 Sierra Blvd.

Ministers: out of state for ministers' meetings and UUA General Assembly till June 30. Staff can reach a minister in an emergency.

Rev. Roger Jones: Tue-Wed-Thu afternoons and by appointment. On vacation July 9-30. Rev.

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday by appointment. At UUA General Assembly this week and will return on 6/30/15.

Miranda Massa: (RE Coordinator): Monday, Friday and Sunday mornings and by email.

Michele Ebler: (Bookkeeper): Monday, Wednesday in the morning and Tuesday, Thursday in the afternoon.

Stanton Vedell: (Communications and Facilities Coordinator): Monday-Friday, 9:30-6:00pm.

Elaine Cooper: (Receptionist): Monday-Friday, 8:30-5:00pm.

Keith Atwater (Music Director): Starts Aug. 1. First choir rehearsal Wed., Aug. 12.

Ina Jun: (Accompanist): Sunday mornings!

Childcare Providers: Annie Green and Krystal Gollaher.

Custodians: Aaron Molina Sunday thru Thursday and Miguel Neri Friday, Saturday and Sunday.