

The Blue Sheet

Unitarian Universalist Society of Sacramento Upcoming Activities & Announcements

Sunday June 14

9:45am-Nursery Care-SAUCC-Nursery
10:15am-Sunday Service-SAUCC- Sanctuary 890 Morse Ave
10:15am-Summer RE ArtWorks-SAUCC-Room A
12:30pm-Newly Elected Nominating Committee Meeting (Closed)-
UUSS-Room 6

Monday June 15

10:00am-Adult Enrichment: Chair Yoga-UUSS- Fahs Room
7:00pm-Adult Enrichment: Mat Yoga- UUSS- Room 7/8

Tuesday June 16

10:00am-Ted's Web (open discussion group) UUSS- Fahs Room
6:00pm-A.E. Conversation About Death-UUSS-Fahs Room

Wednesday June 17

1:30pm-Women's Support Group-UUSS-Room 11
5:30pm-Silent Meditation-UUSS-Room 6-All Welcome!
6:15pm-Religious Humanism-UUSS-Fahs Room- Full!
6:30pm-Summer Book Discussion Group-UUSS-Room 7/8
7:00pm-Threshold Choir rehearsal-UUSS-Room 12

Thursday June 18

7:00pm-Program Council-UUSS-Room 12
7:00pm- Board of Trustees Monthly Meeting-UUSS-Fahs Room

Friday June 19

No Events Scheduled at UUSS, office is open

Saturday June 20

3:00pm-Betty Faist Memorial Service- Casa Garden Restaurant
No Events Scheduled at UUSS, office is closed

Sunday June 21

9:45am-Nursery Care-SAUCC-Nursery
10:15am-Sunday Service-SAUCC- Sanctuary 890 Morse Ave
10:15am-Summer RE ArtWorks-SAUCC-Room A
10:15am-RE Senior High Youth Group(SHYG)SAUCC-Room C
11:30am-Membership/Greeters Monthly Meeting-Mayflower Room
11:45am-Building Project Steering Committee-UUSS-Room 12
12:00pm-General Assembly Attendants Meeting-UUSS-Fahs Room

**Check the white board at UUSS for Daily Lists of Meeting and
Event Locations at our home base.**

**Visit our online calendar to view these and other scheduled
activities. <http://uuss.org>**

**Learn details about all activities in the Pathways brochure and
the monthly Unigram newsletter.**

Contact the office for more information:
Phone Number (916)483-9283
Email Address- office@uuss.org

– RELIGIOUS EDUCATION –

Good morning UUSS Families and Volunteers at SAUCC!

Summer ArtWorks- Today and next Sunday we have yoga teacher Paige. Is your family registered? The form is available at the RE Table or on the website within the Religious Education section. I can also email you one if you would like.

ArtWorks Volunteers Needed! The schedule is all mapped out with exciting ArtWorks Leaders. What we need now are adults to be the second person in the room for support and assistance. I can put you in touch with the ArtWorks Leader on the day you are available so that you can become familiar with what will be introduced to the group. Come help out for one or more Sundays!

Nursery Wish Tree is sitting at the RE Table. Pick one or more purple bird wish tickets. Purchase the item making the wish come true and bring it back to the RE Table as a donation to recreate the UUSS Nursery back home. We thank you!

Happy day!
-Miranda Massa, Religious Education Coordinator

–NEW THIS WEEK–

Our Building Dedication: The countdown has begun! A big part of our return to Sierra Blvd will be the dedication of our expanded and renovated UUSS home. The ceremony and reception will take place the afternoon of Sunday, Sept. 13. As befitting the importance of this major accomplishment, we want to have a big blowout! Help will be needed to manage all of the activities associated with it: publicity, invitations, ushering, refreshments, program, etc. If you are willing to help in any fashion, contact Linda Roth at [916-921-2269](tel:916-921-2269) or nrheid@comcast.net.

Open Reel Film Club is re-organizing! Meet with other film buffs at coffee hour in Pilgrim Hall after Sunday service on June 14. Join the mailing list by contacting Judy Lane at jlane612@earthlink.net.

– CURRENT & UPCOMING ACTIVITIES –



Chair Donations Update--as of Tuesday UUSS has now received donations for 210 new chairs for the new building! The goal is 350. There are other furnishings and equipment listed in our "Fill the Building" **Wish Book**. Stop by our table after the service and see what inspires you. -- the UUSS "Fill the Building" Team

Mask-making and the Search for the Authentic Self: Explore new dimensions of yourself and your creativity at a workshop with UUSS members Rebecca Pottenger and Dennis Pottenger, licensed therapists in Sacramento, from 10 am to 2 pm Saturday June 27. In this process the amazing creations that result require no special artistic ability. You will leave with a completed mask and awareness of an inner presence you can continue to engage with. Cost is \$25 for materials. Please sign up by June 20 at the Adult Enrichment Table in Pilgrim Hall or email by June 25 at dennis@soulandearth.com.

CUUPS & Sheriff's work day crew will be spreading sand on the outdoor labyrinth on June 20 from 10am-noon. Come to help, observe, supervise, or try it out. Contact: Laurie Jones [916 342-3226](tel:916-342-3226) laurievaljo@gmail.com. Instead of having a summer solstice celebration at UUSS this year, please join member & psychotherapist Rebecca Pottenger's *Inanna* goddess workshop at Luna Cafe, 1414 16th St. at N St. on June 20 from 5:00pm to 6:30pm. Contact Dennis@soulandearth.com.

Salad Sundays- The Board of Trustees will be offering Salad Bar lunch on **June 28**, which is your last chance for a delicious and healthy lunch, served after service. Looking forward to seeing you all! Donation is \$5 to UUSS, but an offer of more will be accepted!

20s & 30s Group- All aged 18-39 are welcome to join the 20s & 30s Group. Visit our website or on Facebook. Find these at uuss.org/20s30s.-Derek Czajka

UU Online Virtual General Assembly- This year the 5-day UU General Assembly is held in Portland. If you are not able to attend, consider attending the USS Virtual GA 2015 in the Fahs Room, June 25-28. Live Morning Sessions will be streamed via computer in the Fahs Room. In the afternoons, 9 GA Workshops will be available (3 each day). Free-will donations appreciated. Contact Cathy Hackett unionhackett@comcast.net or visit the Adult Enrichment table after the service in Pilgrim Hall to sign up.

USS Senior Singles Group- Looking for new members. If you are a single senior, looking to meet other single seniors, we are meeting after the service in Pilgrim Hall on the second and fourth Sunday of each month. Contact Peter Foss at (916) 534-7767.

Attention all Newcomers and Visitors- Welcome! Please complete a newcomer card so we can be in touch with you. We will send you the Unigram Newsletter and an activities interest form. If you would like a permanent printed nametag, please fill out a name tag request form and we'll make one. We look forward to getting to know you.

Families: Weave a Tapestry of Faith is the color, pull-out section of *UU World* magazine with stories, activities, and reflections to share at home. The Families' pages appear as a 4-page insert in each UUWorld issue, and are archived online as PDF files. <http://www.uua.org/re/families/uu-world-family-pages>
Summer 2015: The Whole World in Our Hands (Climate Change) Story: *Green Like the Wind*, by Julie Simon
Parent Reflection: *The Web of Life: Helping Children to Know Our Place*

- BUILDING PROJECT VOLUNTEERS NEEDED -

The Audio-Visual System is being installed by USS. Tim Anderson would appreciate weekend help and will provide training. To volunteer, send Tim an email to toanderson96@gmail.com.

The rolling counters and podium chairs for the USS entry hall, need to be refinished. To volunteer send John McMillan an email to mcmillanjohn@att.net to volunteer a few hours on a Sunday after services.

- OPPORTUNITIES TO SERVE -

Friends in Deed- Our USS volunteers are able to help congregants with rides, visits, emails or phone calls. For assistance please fill out a request form at the Connections Central table on Sundays or email susanlange.uu@gmail.com or call Home (916) 686-1206 Cell (650) 291-4603. -Susan Lange

- THEATER ONE PRESENTS -

IN CELEBRATION OF OUR NATIONAL HOLIDAY
"The Reconciliation of John Adams and Thomas Jefferson"
A Staged Reading in Two Acts
July 5, 2015 - 2:00 PM - Fahs Room Suggested donation \$10
An Excerpt From The Script.... ADAMS
"Quincy, July 9, 1813: 'The same political parties which now agitate the United States have existed through all time.' Precisely... While all other sciences have advanced, that of government is at a stand; little better understood, little better practiced now than three or four thousand years ago. What is the reason? I say parties and faction will not suffer improvements to be made. As soon as one man hints at an improvement his rival opposes it. No sooner has one party discovered or invented an amelioration of the condition of man or the order of society, then the other party belies it, misconstrues it, misrepresents it, ridicules it, insults it, and persecutes it. Records are destroyed. Histories are annihilated ... or prohibited: sometimes by popes, sometimes by emperors, sometimes by aristocrat and sometimes by democrat assemblies..." (Cappon, pp. 351)

-IN LOVING MEMORY-

In Memory of Betty Faist-- Betty Faist died of heart failure on June 5 at age 91. A longtime member of USS and our Women's Alliance, Betty was a generous volunteer. She also was a birder, pressed flower artist, traveler, great cook and master bridge player. With a B.S. from the U of Wisconsin, she worked as a clinical lab technician until age 75! She is survived by one sister, daughters Susan, Karen and Marianna, and several grandchildren. A memorial service and reception will take place at 3:00pm, Saturday, June 30, at Casa Garden Restaurant, 2760 Sutterville Rd. Donations in her memory may be made to the American Heart Association or the USS Endowment Fund. -Rev. Roger

- ADULT ENRICHMENT-

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table in Pilgrim Hall.

Summer Book Discussion Group at 6:30pm in Room 7/8 on Wednesday, June 17. We will discuss the Book *Being Mortal* by Atul Gawande.

Conversations about Death- Session 2 was well attended on Tuesday. Facilitated by Molly Stuart, end-of-life advocate, mediator, trauma chaplain, 30 year ER/ICU volunteer. Tuesday June 16 from 6 to 8pm. (916) 483-9283 or office@uss.org. Contact Molly at (916) 346-5333 or www.mollystuart.com.

Yoga Classes by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

Chair Yoga - Mondays, 10-11am-Fahs Room
Mat Yoga - Mondays, 7-8pm- Room 7/8

Women's Support Group meets Wednesdays, 1:30-3:30pm. Please contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Check at the Sunday Connection Central table for activities and workshops offered for next few months.

Members and Friends-We hope that you are getting the weekly email messages from USS and the Unigram. If not, you can always subscribe through Constant Contact by e-mail or contact a USS office staff member for help at office@uus.org.

USS Office Hours—Room 9 at 2425 Sierra Blvd.

Monday thru Friday
8:30am to 5:00pm

- CHURCH STAFF -

Staff Office Hours at 2425 Sierra Blvd.

Rev. Roger Jones: Monday, Wednesday and Thursday afternoons and by appointment.

Rev. Lucy Bunch: Tuesday, Wednesday and Thursday and by appointment.

Miranda Massa: (RE Coordinator): Monday, Friday and Sunday mornings and by email.

Michele Ebler: (Bookkeeper): Monday, Wednesday in the morning and Tuesday, Thursday in the afternoon.

Stanton Vedell: (Communications and Facilities Coordinator): Monday-Friday, 9:30-6:00pm.

Elaine Cooper: (Receptionist): Monday-Friday, 8:30-5:00pm.

Ina Jun: (Accompanist): Sunday mornings!

Childcare Providers: Annie Green and Krystal Gollaher

Custodians: Aaron Molina and Miguel Neri