

The Blue Sheet

Unitarian Universalist Society of Sacramento Upcoming Activities & Announcements

Sunday May 17 All Ages Service

9:00am-Building Project Steering Committee-UUSS- Room B
10:00am-Camp Norge Table-SAUCC-Courtyard
10:15am-Sunday Service-SAUCC- Sanctuary 890 Morse Ave
11:30am-Congregational Budget Meeting & Election-Pilgrim Hall
2:00pm-Theater One performance-*Circle Mirror Transformation*-
Fahs Room

Monday May 18

10:00am-Adult Enrichment: Chair Yoga-UUSS- Fahs Room
6:30pm-Your Core Values Workshop-UUSS-Fahs Room
7:00pm-Adult Enrichment: Mat Yoga- UUSS- Room 7/8

Tuesday May 19

10:00am-Ted's Web (open discussion group) UUSS- Fahs Room
6:30pm-Your Core Values Workshop-UUSS-Fahs Room

Wednesday May 20

1:30pm-Women's Support Group-UUSS-Room 11
7:00pm-Choir Rehearsal-UUSS- Fahs Room
7:00pm-Threshold Choir rehearsal-UUSS-Room 7/8

Thursday May 21

6:00pm-Program Council-UUSS-Room 12

Friday May 22

8:00pm- Theater One performance-*Circle Mirror Transformation*-
Fahs Room

Saturday May 23

11:00am-Theater One performance-*Jungle Book*-Fahs Room
2:00pm-Theater One performance-*Jungle Book*-Fahs Room
8:00pm- Theater One performance-*Circle Mirror Transformation*-
Fahs Room

Sunday May 24

Recycle Sunday

10:00am-Camp Norge Table-SAUCC-Courtyard
10:00- Recycle Sunday Table-SAUCC- Pilgrim Hall
10:15am-Sunday Service-SAUCC- Sanctuary 890 Morse Ave
10:15am-RE Classes-SAUCC-Room A, Room B and Room C
2:00pm-Theater One performance-*Circle Mirror Transformation*-
Fahs Room
5:00pm-RE Spirit Play Volunteer Appreciation Potluck-Offsite

**Check the white board at UUSS for Daily Lists of Meeting and
Event Locations at our home base.**

Visit our online calendar to view these and other scheduled
activities. <http://uuss.org>

Learn details about all activities in the [Pathways](#) brochure and
the monthly [Unigram](#) newsletter.

-THIS WEEK-

Good morning UUSS Families and Volunteers at SAUCC!

Today is our All-Ages Service and Flower Exchange Celebration
with RE resuming next weekend. Child care will be continued
longer for the Congregational Meeting.

Summer ArtWorks will begin in June. Children are to be
registered. The form is available this morning at the RE Table.

Be sure to keep up with **current RE news** by visiting the RE
section of our brand new uuss.org website.

Next Sunday: Religious Education for all grade levels.

Happy Sunday!
-Miranda Massa, Religious Education Coordinator

"Winds of Change" Post-Auction News- You can still bid! There
are still items available for purchase. Go to uuss.org and click on
the service auction [box](#) to bid on remaining items. You can see
how to find your winnings, how much you owe and who won your
donations. If you don't have a computer, call the office for a paper
copy of your statement. Thank you donors, bidders and volunteers
for making this year's event a rousing success. It was great to see
some new faces volunteering and bidding.

**Attention Raffle Winners: please contact the person on
your raffle receipt if you won a service or event so they can
coordinate schedules with you.**

General Assembly is in Portland Oregon June 24-28. A list of
UUSS members planning to attend is being maintained by Chris
Gerwig at cgerwig@gmail.com. See <http://www.uua.org/ga>.

Virtual GA-For people who want to participate in the UUA's
General Assembly June 24-28, but aren't able to travel to Portland.
Anyone with internet access can join in and watch major parts of
the meeting. This is the first time that non-delegates can register
and take part off-site. Registration is \$135; registrants can view
live-streaming video of plenary sessions as well as nine
workshops. To participate, register online at
<http://uuworld.org/news/articles/301060.shtml> -Linda Hoganson

Mask-making and the Search for the Authentic Self: Explore
new dimensions of yourself and your creativity at a workshop
facilitated by UUSS members Rebecca and Dennis Pottenger,
licensed therapists in Sacramento, in Room 7/8, Saturday, June
27. Participants will leave with a completed mask and awareness
of an inner presence they can continue to engage with. Pick up a
flyer at the Adult Enrichment table in Pilgrim Hall.

- CURRENT & UPCOMING ACTIVITIES -

Uurth Garden- Still time to plant a garden; 3 plots left in Uurth
Song Garden. email patskeels11@gmail.com or
glorywicklund@comcast.net if interested.

Salad Sundays are back! The Board of Trustees will be offering
Salad Bar lunches on 3 upcoming Sundays. **The next Salad
Sunday is May 31**, also on June 7 & 28 for a delicious and healthy
lunch served after Services. Looking forward to seeing you all!
Minimum \$5 donation, but an offer of more will be accepted!

20s & 30s Group- All aged 18-39 are welcome to join the
20s & 30s Group. Visit our website or on Facebook. Lunch
together 4th Sunday of the month. Find these at uuss.org/20s30s.
-Derek Czajka

UUSS all Ages Camp- We Are Registering Campers, RVers and dorm roomers, for our annual outing to Camp Norge, June 12-14. After service, volunteers will answer questions and register you. Dormitories are first come, first serve so save your spot today. To volunteer or for info, call Christopher Jensen at 916-541-5750.

Members and Friends-We hope that you are getting the weekly email messages from UUSS and the Unigram. If not, you can always subscribe through Constant Contact by e-mail or contact a UUSS office staff member for help at office@uuss.org.

UUSS Senior Singles Group- Looking for new members. If you are a single senior, looking to meet other single seniors or you are interested in hosting a meeting at your home or meet after church to go to lunch, contact Peter Foss at (916)534-7767.

Attention all Newcomers and Visitors- Welcome! Please complete a newcomer card so we can be in touch with you. We will send you the Unigram Newsletter and an activities interest form. If you would like a permanent printed nametag, please fill out a name tag request form and we'll make one. We look forward to getting to know you.

- OPPORTUNITIES TO SERVE -

Friends in Deed- Our UUSS volunteers are able to help congregants with rides, visits, emails or phone calls. For assistance please fill out a request form at the Connections Central table on Sundays or email susanlange.uu@gmail.com or call Home(916) 686-1206 Cell (650) 291-4603. -Susan Lange

- THEATER ONE PRESENTS TWO SHOWS! -

Jungle Book- by Rudyard Kipling and adapted by Vera Morris, will be held at 2425 Sierra Blvd., in the Fahs Room no through May 30, Saturdays at 11:00 a.m. and 2:00 p.m. This all ages play is directed by Jill McMahon. Tickets are \$5 at the door.

Circle Mirror Transformation- directed by Michael Erwin, runs now through May 30, Fridays and Saturdays at 8:00pm and Sundays at 2:00 p.m. in the Fahs Room. Tickets are \$15 general, \$12 students/seniors/SARTA. Reservations can be made by calling 916-489-4248. www.theaterone.org

- ADULT ENRICHMENT-

If you need a ride or wish to offer a ride to any event, there is a sign-up sheet at the Adult Enrichment table in Pilgrim Hall.

Your Core Values- with UC Davis-certified life coach Becky Lindstrom and Rev. Roger Jones. A workshop in two parts at UUSS: **Tomorrow-** Session One, Identifying Your Core Values and **Tuesday-** Session Two, Understanding Your Core Values, 6:30 to 8:30pm.

Course Fee and Registration: Sliding Scale: \$10 to \$25 per person for the course, payable in advance to UUSS. Register at the Adult Enrichment table. TODAY!

Conversations about Death- We will explore medical realities, choices, and legal opportunities to have an influence on our end-of-life experience. Facilitated by Molly Stuart, end-of-life advocate, mediator, trauma chaplain, 30 year ER/ICU volunteer. Tuesdays, June 2, 9 and 16 from 6 to 8pm. Please sign up at the Adult Enrichment table on Sundays or contact the office at (916) 483-9283 or office@uuss.org. Contact Molly at (916) 346-5333 or www.mollystuart.com.

Silent Meditation change -- there will be no weekly sitting on May 20, but we resume it Wednesday, May 27, 5:30 to 5:55 PM, at UUSS. Note the earlier time! --Roger, Nancy, Colleen & others

Yoga Classes by Paige Labrie. Try a first class for free. Monday Classes are \$8 each if you sign up for a two-month series or \$10 on a drop-in basis. All Welcome!

Chair Yoga – Mondays, 10-11am-Fahs Room
Mat Yoga – Mondays, 7-8pm- Room 7/8

Women's Support Group meets Wednesdays, 1:30-3:30pm. Please contact Lynn Carlson at apriljade@comcast.net or (916) 719-2304 to get a weekly reminder of the meeting.

Check at the Sunday Connection Central table for activities and workshops offered for next few months.

UUSS Office Hours—Room 9 at 2425 Sierra Blvd.
Monday thru Friday
8:30am to 5:00pm

- CHURCH STAFF UPDATES -

Staff Office Hours at 2425 Sierra Blvd.

Rev. Roger Jones: Monday, Wednesday and Thursday afternoons and by appointment. Day off is Tuesday. Remote office hours at Insight Coffee Roasters, 566 Pavilions Lane, Thursday, May 21, 11:00am – 1:00pm.

Rev. Lucy Bunch: On furlough this week.

Miranda Massa: (RE Coordinator): Monday, Friday and Sunday mornings and by email.

Michele Ebler (Bookkeeper): Monday, Wednesday in the morning and Tuesday, Thursday in the afternoon.

Stanton Vedell: (Communications and Facilities Coordinator): Monday-Friday, this week, 9:30-6:00pm.

Elaine Cooper: (Receptionist): Monday-Friday, 8:30-5:00pm.

Meg Burnett: (Interim Choir Conductor): Choir Rehearsals end May 27, Wednesdays- 7:00-8:30pm in the Fahs Room at UUSS.

Ina Jun: (Accompanist): Choir Rehearsals Wednesdays- 7:00-8:30pm in the Fahs Room at UUSS, ending May 27

Childcare Providers: Annie Green and Krystal Gollaher

Custodians: Aaron Molina and Miguel Neri

Contact the office for more information:
Phone Number (916)483-9283
Email Address- office@uuss.org

CONGREGATIONAL MEETING
TODAY!
May 17, 11:30am to 12:30pm
in Pilgrim Hall