



Unitarian Universalist Society of Sacramento

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Religious Education (RE) Program: Sick Child Policy for Room 11

Dear Guardians: As part of our goal to provide a safe & healthy environment for our staff, volunteers and children in our care, the RE Program staff seeks the parent's assistance in following this Policy.

Children, staff and volunteers who are sick or have symptoms as outlined below, may not attend nursery in Room 11. Bringing or allowing a sick child to attend nursery can provide exposure of illness to other children in our care as well as our Room 11 staff. For the benefit of other children in our care and our staff, a sick child will not be permitted to return to care for 24 hours after condition has returned to normal. The child may return 24 - 48 hours (depending upon the illness) after they have received the first dose of an antibiotic. If a child receives an antibiotic for an ear infection, he/she may return to day care immediately if he/she has been free of other symptoms mentioned for at least 24 hours. If you aren't sure about whether or not to bring your child to nursery, please contact our Religious Education Coordinator.

If your child becomes sick while in our care, we will ask you to pick up your child immediately.

The usual childhood diseases, such as meningitis, chicken pox, whooping cough, measles, mumps, scarlet fever, infectious hepatitis, flu, hand-foot-mouth, head lice and ring worm, must be reported so that necessary precautions can be taken. If your child was contagious (even the slightest possibility) when in nursery care, please inform the Room 11 staff or RE Coordinator as soon as possible.

Your child should be FREE (without the use of medication) of the following symptoms for 24 hours BEFORE returning to the Room 11 nursery.

1. Fever: Fever is defined as having a temperature of 100°F or higher taken under the arm, 101°F taken orally, or 102°F taken rectally. For children 4 months or younger, the lower rectal temperature of 101°F is considered a fever threshold; (a child needs to be fever free for a minimum of 24 hours before returning to nursery, that means the child is fever free without the aid of Tylenol®, or any other fever reducing substance.)
2. Fever AND sore throat, rash, vomiting, diarrhea, earache or irritability.
3. Diarrhea: Runny, watery, bloody stools or 2 or more loose stools within last 4 hrs.
4. Vomiting: 2 or more times in a 24 hour period. Note: please do not bring your child if they have vomited in the night.
5. Breathing trouble, sore throat, swollen glands, loss of voice, hacking or continuous coughing.
6. Runny nose (other than clear), draining eyes or ears.
7. Frequent scratching of body or scalp, lice, rash, or any other spots that resemble childhood diseases, including ringworm.