



Pacific Central District of the Unitarian Universalist Association

Coming of Age Retreat Program 2015-2016

For 8th-10th grade youth in a CoA Program in their home congregation.

Mission Statement

To provide retreat experiences for youth that will further the depth of the Coming of Age Programs at their respective congregations. The purpose of the retreats and of the Coming of Age program is to help our youth integrate their childhood into their emerging adulthood, with a clear sense of themselves and their place in the Unitarian Universalist Church in the world.

Program Objectives

Retreats will help youth:

- Explore their own spirituality.
- Have a deeper understanding of Unitarian Universalism.
- Appreciate and continue the lifelong process of values and calcification.
- Recognize and accept responsibility for decision-making.
- Explore their options for service, both to their church and to the community.
- Deepen their relationship with other youth and adults.
- Come to a positive understanding of their personal capabilities and unique qualities.
- Test themselves against their own preconceived limits.
- Solidify their commitment to Unitarian Universalism.

For Further information:

Contact your congregation's RE program or **Rev. Katrina Leathers, PCD-UUA Coming of Age Coordinator.**
Phone: 415-314-1801
Email: coa@pcd-uua.org

New this year!

A live webinar training for congregational CoA mentors.
September 22, 7:00-8:30 pm.

Retreat Overviews

Threshold Retreat: Program kick-off weekend, emphasizing connection and challenge. Youth participate in a high ropes course with trust building exercises. While this retreat encourages youth to push their personal boundaries, everything is challenge-by-choice.

October 16-18, 2015
Unitarian Universalist Congregation, Santa Rosa

Social Justice Retreat: This retreat emphasizes social and emotional awareness, going on a street retreat with the Faithful Fools Street Ministry in San Francisco.
See www.faithfulfools.org for more information about the fools.

January 8-10, 2016
First Unitarian Universalist Society of San Francisco

Nature Vigil Retreat: A solo vigil is the highlight of this retreat. Youth spend six hours alone in nature, under the care of adults, with their journal and water. Saturday evening includes rituals honoring the Coming of Age process. The location of the retreat will be determined when campsites are reserved.

April 8-10, 2016 – Location TBD

FAQ

Cost: \$425 per participant. Financial assistance may be available through your UU congregation. There are limited scholarships, made possible by generous donations, available through PCD. Applications for scholarships will be available in July.

Adult Staff: All retreats are staffed by the Coming of Age Coordinator and adult volunteers from UU congregations in the PCD who have undergone background checks. There is at least 1 adult for every 8 youth.

How do I Register my Youth: Registration will be open in July
Can my youth still participate if s/he cannot make it to all the retreats? It is best if youth attend all the retreats. Each retreat builds on the previous retreat and relationships are strengthened among participants.