

Readings from the Service "Spirituality of Work "

August 31, 2014

UU Society of Sacramento

Reading #1

SCIENTISTS DISCOVER NEW ELEMENT-BURACRATIUM

The heaviest element known to science was recently discovered by University physicists. The element, tentatively names Buracratium, has no protons or electrons, which means that its atomic number is 0. However, it does have 1 neutron, 125 assistants to the neutron, 75 manager neutrons, and 111 assistants to the manager neutrons. This gives it an atomic mass of 312. These 312 particles are held together in the nucleus by a force that involves the continuous exchange of meson-like particles called memos.

Since it has no electrons, Buracratium is inert. However, it can be detected chemically because it seems to impede every reaction in which it is present. According to one of the discovers of the element, a very small amount of Buractium made one reaction which normally takes less than a second take over four days.

Buracratium has a half-life of approximately three years, at which time it does not actually decay. Instead, it undergoes a reorganization in which all the particles exchange places. Some studies have indicated that its atomic mass actually increases after each such reorganization.

According to one scientist, Bureaucratium may occur naturally in the atmosphere and is most likely to be found on college and university campuses and in large corporate and government centers. On sure sign that Bureaucratium has been detected at a sight is by

Reading #2

From the Heart at Work by Jack Canfield
Martin Rutte Consultant and trainer

I've found that when people ask me the questions "what is spirituality" what they're really concerned with is that I will have "the answer" or I will have a dogmatic response. They're afraid that I've already gotten spirituality nailed down and that they will disagree with my definition, which will then cause separation. They're afraid I (or anyone else speaking about spirituality) will shove a particular point of view down their throats. This kind of approach offers the listener no opportunity to search individual truth.

It not about spirituality as "the answer". It's about spirituality as the question. A questions allows you to look more deeply. It allows you to search for what's true for you , and in so doing, deepen you own experience. But ultimately, what moving from answer to question does is make it safe and permissible to explore this territory in a way that is useful.

What is spirituality for you? Where is spirit or spirituality shut down in your workplace? Where is it flourishing? Explore this kind of question at work, for yourself, your relationship, your division and your company. And in this questioning, in the delving into, notice the deepening of your own experience of spirituality at work.

What would a more spiritual workplace mean for people. It would mean that work would move from being a place to get enough money to survive, from just earning you daily bread, to being a place of livelihood. By livelihood I mean a place where we both survive and are fully alive. We are alive in that our spirit fully expresses itself. And through our contribution we allow other peoples spirits to be nourished and to flourish. Livelihood has, at it score, three meaning for work - survival, enlivening of the individual self, and enlivening of the collective self.

One of the primary benefits of spirituality in the workplace is that people are more in touch with their creative spirit and as a result there is revitalization, renewal and resilience. Remember work is an act of creation.

